

Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

### PATIENT INFORMATION

Name: \_\_\_\_\_ Phone (primary): \_\_\_\_\_

Date of Birth (mm/dd/yyyy): \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Gender: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_ Primary Physician \_\_\_\_\_

Emergency contact: \_\_\_\_\_ Phone: \_\_\_\_\_

How did you hear about Wildwood \_\_\_\_\_

*Optimal health is only possible when the physician has a complete understanding of the patient physically, mentally, and emotionally. Your time, thoughtfulness and honesty in completing this confidential overview will greatly assist our understanding of your healthcare needs and desires.*

### MEDICAL INFORMATION

Are you taking any medications?  Yes  No  
If yes, please list name and use:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are you currently pregnant?  Yes  No  
If yes, how far along? \_\_\_\_\_

Any high risk factors? \_\_\_\_\_

Please indicate any condition you have had in the past or currently have.

- |  |   |
|--|---|
| <input type="checkbox"/> Cancer                  | <input type="checkbox"/> Fibromyalgia       |
| <input type="checkbox"/> Headaches/Migraines     | <input type="checkbox"/> Stroke             |
| <input type="checkbox"/> Arthritis               | <input type="checkbox"/> Heart Attack       |
| <input type="checkbox"/> Diabetes                | <input type="checkbox"/> Kidney Dysfunction |
| <input type="checkbox"/> Joint Replacement(s)    | <input type="checkbox"/> Blood Clots        |
| <input type="checkbox"/> High/Low Blood Pressure | <input type="checkbox"/> Numbness           |
| <input type="checkbox"/> Neuropathy              | <input type="checkbox"/> Sprains or Strains |

Explain any conditions you have marked above:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### INDICATE AREAS OF PAIN/TENSION

On a scale from 1-10, 10=highest, rate your levels of:

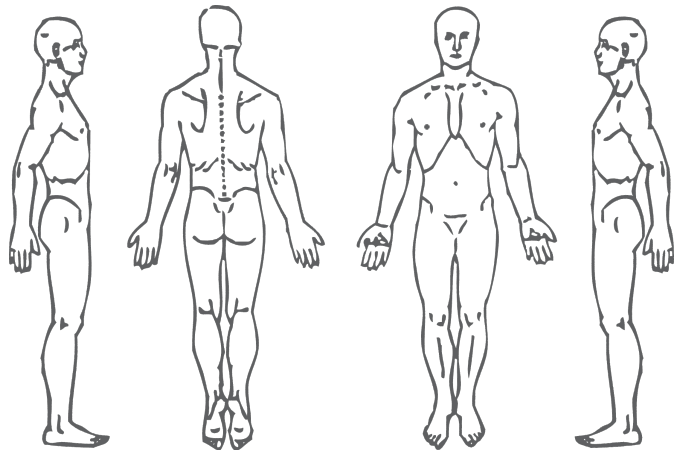
Stress: \_\_\_\_ Pain: \_\_\_\_ Energy: \_\_\_\_

How did your symptoms begin and when did they start?

\_\_\_\_\_  
\_\_\_\_\_

What have you done for relief? \_\_\_\_\_

Is the condition getting better/worse? \_\_\_\_\_



Please circle any areas of discomfort.